

Rehabilitation Center for Children and Adults



300 Royal Palm Way • Palm Beach, Florida 33480

Telephone (561) 655-7266 • Fax (561) 655-3269

info@rcca.org • www.rcca.org

OCTOBER 2017

Life in Motion



Richard Holt receives physical therapy after surgery on both knees as a result of a fall down stairs. Mr. Holt's Physical Therapist, *Brittany Flaherty*, is working on stretching and strengthening his knees. When Mr. Holt started therapy, he ambulated with a rolling walker. Now he has resumed both his gym workouts and golfing. Richard states "I have been to several different institutions for therapy, and there is none better than the Rehabilitation Center for Children and Adults." He continues his work as an attorney at Gunster.



Patricia Currie receives physical and occupational therapy at the RCCA following a fall, and hospitalization at Massachusetts General. She was in Massachusetts visiting several of her 7 children, 12 grandchildren and 8 great grandchildren. Mrs. Currie's Occupational Therapist, *Kelli Jacobs*, is working with Mrs. Currie on her right shoulder strength so she can regain the use of her arm. According to Mrs. Currie, "My shoulder is much better thanks to you."

Rehabilitation Center for Children and Adults 2017

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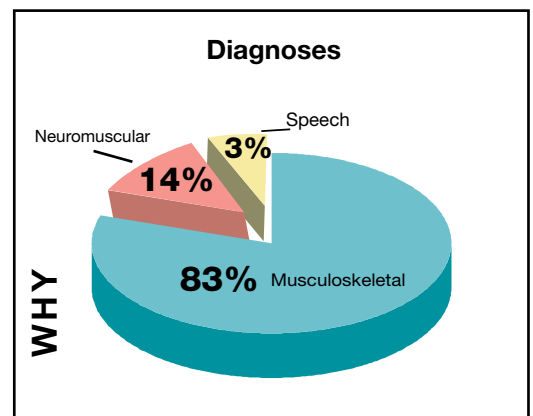
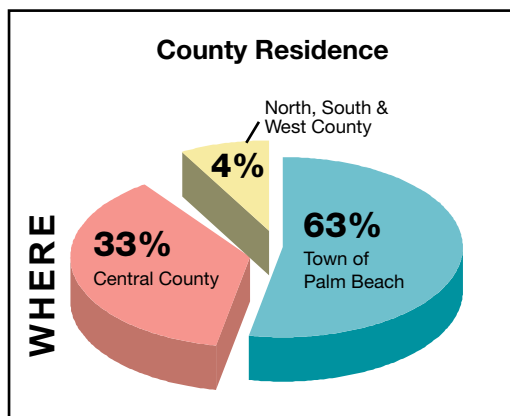
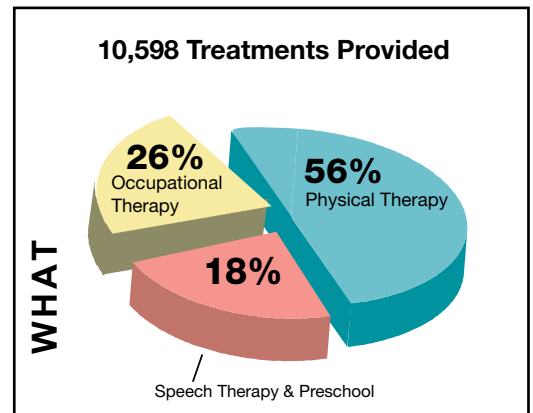
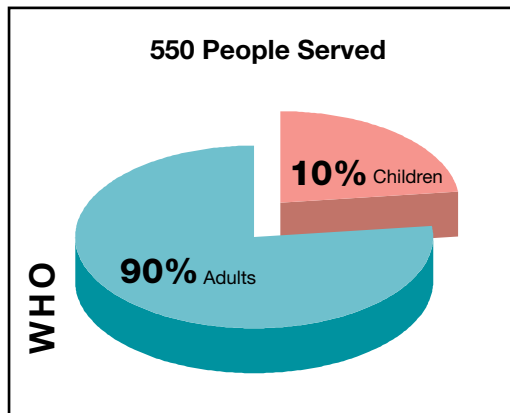
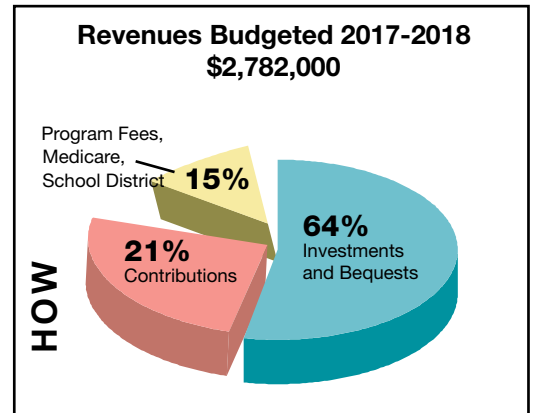
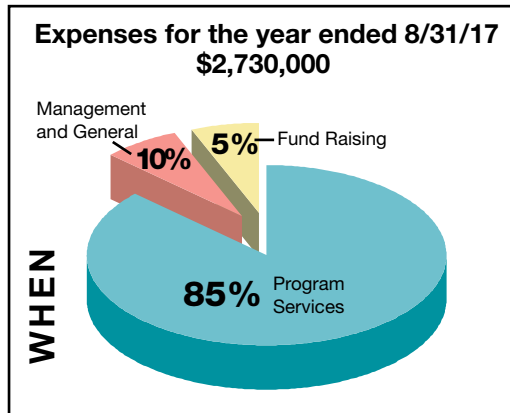
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THE REHABILITATION CENTER FOR CHILDREN AND ADULTS IS A 501(c)(3) ORGANIZATION. YOU ARE INVITED TO CALL FOR A COPY OF OUR AUDITED FINANCIAL STATEMENTS ANYTIME: 655-7266 EXTENSION 11. FEDERAL IDENTIFICATION NUMBER 59-0791037.

A COPY OF THE OFFICIAL REGISTRATION (CH 83) AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING 800-435-7352 TOLL-FREE WITHIN THE STATE OR AT WWW.FRESHFROMFLORIDA.COM/DIVISIONS-OFFICES/CONSUMER-SERVICES. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THE STATE. 100% OF ALL CONTRIBUTIONS ARE MAINTAINED AND DISTRIBUTED BY THIS ORGANIZATION.



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Rehabilitation Center for Children and Adults 2017

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Thank you for considering a gift in your will.



Make a Difference in the Lives that Follow

The Professional Endowment Committee introduces the Rehabilitation Center's mission and needs to our financial neighbors. Members represent key financial institutions in the Palm Beach area. Current and future planned gifts help families who are uninsured or under insured. Thornton (Tim) Henry, an estate planning attorney with the law firm of Jones, Foster, Johnston and Stubbs, and Past President of the Board of Governors at the Rehabilitation Center, serves as Chairman of the Professional Endowment Committee. At the quarterly committee meetings, members review the latest relevant estate tax information. Annually, the committee sponsors an Estate Planners Reception for attorneys, accountants, trust officers and members of the Center's Board of Governors. Guests learn how to help the Rehabilitation Center through planned gifts such as wills and charitable trust agreements.

The Professional Endowment Committee also helps increase our neighbors' awareness of our needs and services. These professionals represent expertise our donors can call upon, as they know both the importance of endowments to our mission and the value of estate planning for the donor's family. We believe the work of this committee will help insure the financial security of the Center now and in the future. If you know of someone who might be interested in more information, please call the Rehabilitation Center at 655-7266, or contact one of the committee members pictured here. The Rehabilitation Center for Children and Adults is grateful these women and men choose to donate their professional and personal time helping children and adults with physical disabilities.

Rehabilitation Center for Children and Adults

Dedicated to improve people's physical function, communication and independence

PHYSICAL THERAPY



OCCUPATIONAL THERAPY



SPEECH-LANGUAGE PATHOLOGY



DIAGNOSES TREATED

Arthritis
Athletic Injury
Back & Neck Pain
Balance & Vestibular Problems
Cardiac Rehabilitation
Carpal Tunnel Syndrome
Cerebral Palsy
CVA, Stroke
Developmental Delay
Hand Injury
Knee & Hip Replacement
Mastectomy
Musculoskeletal Problems
MS, Parkinsons
Neurological Disorders
Orthopedic Injuries
Rotator Cuff Tears
Speech & Language Delay
Spinal Cord Injury
Tendonitis
Traumatic Brain Injury
Work Related Injury

- Therapeutic equipment
- Electrical stimulation
- Fluidotherapy
- Pilates
- TENS
- Ultrasound
- BTE Workstation

AQUATIC PROGRAM



PRESCHOOL



- Individual Services with Licensed Therapists
- Comprehensive Outpatient Medical Facility
- Private Not-for-Profit 501(c)3 Organization
- Medicare and Insurance Billed
- Located in Palm Beach

THERAPY GOALS

Activities of Daily Living
Ambulation
Balance
Communication
Coordination
Muscle Function
Range of Motion
Self Care
Strength

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Rehabilitation Center for Children and Adults

Life in Motion



Occupational, Preschool and Speech Therapy Director, **Donna Holmstock**, enjoys the summer time on the playground with two sets of twins enrolled in the RCCA preschool.

Earlier this year, **Poonsri Pierce** experienced left knee pain with her daily walks. Occasionally, when the pain become too great, she would need to use a cane. After just a few weeks of physical therapy, Physical Therapy Assistant, *Rich Sylvester*, states Mrs. Pierce's knee flexibility and strength have improved to near normal limits. Mrs. Pierce expresses, "My knee pain is less," and she has discontinued the use of the cane.



Rehabilitation Center for Children and Adults

RCCA Staff

Physical Therapy

Ellen O'Bannon
Miriam Diaz
Brittany Flaherty
Susan Holmes
Rich Sylvester
Kat Shealy
Perrie Susman

Occupational Therapy

Donna Holmstock
Camy Dreifuss
Kelli Jacobs

Speech-Language Pathology & Preschool

Kelly Skillestad
Arjean Hitchcock

Administration

Sheree Davis
Pam Henderson
Marybeth Hight
Themis Quiros

Save the Date

Spring Luncheon

April 25, 2018

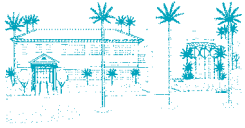
Beach Club



Shannon Howell
Chairwoman



RCCA Class of 2017 preschool students celebrate their graduation.



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CHOICE MATTERS

As a consumer, if you need therapy, you can choose where you go and whom you see. You may ask your friend, your neighbor, or your physician. Ultimately, you are the one who chooses.

You can initiate therapy at the RCCA by calling 655-7266, or by asking your doctor to fax a prescription to 655-3269.

For more information go to www.rcca.org or come in anytime for a tour.

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Patient's Name: _____

Daytime Phone: _____

Diagnosis: _____

Onset: _____

- Physical Therapy
- Occupational Therapy
- Speech-Language Therapy

 Physician's Signature & Date

You can now choose to receive this newsletter via email; please call 655-7266 or email info@rcca.org