The Rehabilitation Center for Children and Adults was founded in 1940, in order to provide physical therapy to those who struggled with the crippling effects of polio. For 75 years the mission of this organization has been to improve people’s physical function, communication and independence.

PHYSICAL, OCCUPATIONAL & SPEECH THERAPY services have helped thousands of people in our community. Also, countless community members have provided the financial support and leadership needed to make this care possible. We welcome you to visit us and see where your gifts make miracles happen each and every day.
Rehabilitation Center for Children and Adults 2014

THE REHABILITATION CENTER FOR CHILDREN AND ADULTS, INC. IS A 501 (c)(3) ORGANIZATION. YOU ARE INVITED TO CALL FOR A COPY OF OUR AUDITED FINANCIAL STATEMENTS OR IRS 990’S ANYTIME: 1-561-655-7266 EXTENSION 11. FEDERAL IDENTIFICATION NUMBER 59-0791037.

A COPY OF THE OFFICIAL REGISTRATION (CH 83) AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL FREE WITHIN THE STATE 1-800-435-7352. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THE STATE. 100% OF ALL CONTRIBUTIONS ARE MAINTAINED AND DISTRIBUTED BY THIS ORGANIZATION.

Expenses for the year ended 8/31/14
$2,286,000

- Program Services: 86%
- Management and General: 10%
- Fund Raising: 4%

Revenues Budgeted 2014-2015
$2,500,000

- Program Fees, Medicare, School District: 61%
- Contributions: 22%
- Investments and Bequests: 17%

589 People Served

- 90% Adults
- 10% Children

11,903 Treatments Provided

- Musculoskeletal: 51%
- Neuromuscular: 16%
- Speech: 3%

County Residence

- 29% Central County
- 67% Town of Palm Beach
- 4% North, South & West County

Diagnoses

- Musculoskeletal: 81%
- Neuromuscular: 16%
- Speech: 3%
In loving memory of our honorary board member who helped children and adults with physical disabilities:

Annette Reynolds Ramsing

HONORARY BOARD
Jennifer T. Bailey
Mary Estelle Curran
Robert M. Douglas
Jane R. Grace
Dianna M. Lewis
Andree Lindow
Janet R. Reynolds
Saul D. Rotter, MD
Kathryn J. Rybovich

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David H. Baker
James A. Farrell
J. Bradford Greer
Heather C. Henry
Thornton M. Henry
Dianna M. Lewis
John C. Randolph
Wiley R. Reynolds III
John C. Whelton, MD

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Treasurer
Corresponding Secretary
Past President
Executive Director

Catherine Randolph
1st Vice President
2nd Vice President
3rd Vice President

Recording Secretary
Treasurer
Corresponding Secretary
Past President
Executive Director

Executive Director
Past Board of Governors Presidents

Mrs. Margaret Pope Hovey 1940-1940
Mr. Egbert Beall 1940-1941
Mrs. Fontaine LeMaistre 1941-1942
Mrs. Richard R. Brown 1943-1944
Mrs. Wiley R. Reynolds, Sr. 1944-1957
Mrs. J. Spencer Love 1957-1959
Mrs. Page Hufty 1959-1968
Mrs. Robert H. Sanderson 1968-1970
Mr. Erskine Edwards 1971-1971
Mrs. John M. Farrell 1971-1976
Mrs. Vincent R. Bailey 1976-1979
Mrs. Robert McK. Foster 1979-1980
Mr. David H. Baker 1980-1982
Mr. Robert A. Elliott 1982-1985
Mrs. Howarth L. Lewis, Jr. 1985-1987
Mr. John C. Randolph 1987-1990
Mr. Thornton M. Henry 1990-1994
Mr. Wiley R. Reynolds, III 1994-1997
Mr. James A. Farrell 1997-2001
Mr. J. Bradford Greer 2001-2004
Mrs. Patrick Henry 2004-2008
Dr. John C. Whelton 2008-2012
Rehabilitation Center for Children and Adults
Honorary Board Members - In Memoriam

Mrs. Robert T. Bair
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Mrs. James A. de Peyster
Rev. Winslow S. Drummond
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Mr. Harold W. Sweatt
Mrs. John Van Ryn Jr.
Mrs. Bradford A. Whittemore
Mrs. John Willmott
Mrs. Marion Sims Wyeth
Mr. John F. Wymer Jr.
The Professional Endowment Committee introduces the Rehabilitation Center’s mission and needs to our financial neighbors. Members represent key financial institutions in the Palm Beach area. Current and future planned gifts help families who are uninsured or under insured. Thornton (Tim) Henry, an estate planning attorney with the law firm of Jones, Foster, Johnston and Stubbs, and Past President of the Board of Governors at the Rehabilitation Center, serves as Chairman of the Professional Endowment Committee. At the quarterly committee meetings, members review the latest relevant estate tax information. Annually, the committee sponsors an Estate Planners Reception for attorneys, accountants, trust officers and members of the Center’s Board of Governors. Guests learn how to help the Rehabilitation Center through planned gifts such as wills and charitable trust agreements.

The Professional Endowment Committee also helps increase our neighbors’ awareness of our needs and services. These professionals represent expertise our donors can call upon, as they know both the importance of endowments to our mission and the value of estate planning for the donor’s family. We believe the work of this committee will help insure the financial security of the Center now and in the future. If you know of someone who might be interested in more information, please call the Rehabilitation Center at 655-7266, or contact one of the committee members pictured here. The Rehabilitation Center for Children and Adults is grateful these women and men choose to donate their professional and personal time helping children and adults with physical disabilities.

Thank you for considering a gift in your will.

Make a Difference in the Lives that Follow
Rehabilitation Center for Children and Adults

Bequests

You may leave a gift in your will like these friends who have helped people with physical disabilities since 1990

Marie Louise Beck  
Margery Todd Bell  
Helen E. Blau  
Sorrel Ross Bollet  
Beatrice Braun  
Mildred Christiansen  
Shirley Clippinger  
Marion T. Coggin  
Elizabeth G. deParlier Cone  
Harriet W. Cornell  
George D. Cornell  
Howard N. Davis  
Hugh Dillman  
Luba Dorman  
Henry R. Duru  
Evelyn Elgarten  
Harry I. Etelman  
Adele Felheim  

Gretchen Gress Fentress  
Hilda M. Fisher  
Anne Halapin Francis  
Lenore Goldsmith  
Richard S. Grant  
Jean Bellet Green  
Naoma Donnelley Haggin  
Lois & Henry Hamilton  
Lois F. Henry  
Florence Hyde  
Harold Islon  
Ottilla G. Jones  
Laura B. Keillor  
Mathilde Kellenberger  
Edna A. Knauth  
George Lambrose  
Gertrude Lessenthin  
Robert & Martha Levinson  

Allen David Levy  
Suzanne Lihme  
Helena A. Manning  
Dorothy H. McClintock  
James D. & Marjorie McNeil  
Edgar Melcer  
Valerie Becton Mills  
Evelyn Lichner Munitz  
Dorothy Spreckels Munn  
Georgia M. O’Connor  
Francesco Pace  
Ann Herwig Prior  
Jean Reese  
Teresa Reizenstein  
Miriam Scherer  
Betty S. Schulkind  
Martha L. Seegal  
Natalie Sherman  

Fred & Joan Siegel  
Bertha Klein Smith  
Ethel Smith  
Eugene A. Smith  
Howard Smith  
Regina W. Spence  
Christine Strumbos  
Edla Swanson  
Ellen Tyler  
Cornelia Drake Van Ryn  
Gisela A. Wallach  
Fred P. Weissman  
Marie Mack Whitman  
Marjorie Whittemore  
Beatrice H. Wholean  
Elizabeth K. Wilson  
Mary Eleanor Woody

Page 7
Rehabilitation Center for Children and Adults
Dedicated to improve people’s physical function, communication and independence

PHYSICAL THERAPY

- Individual Services with Licensed Therapists
- Comprehensive Outpatient Medical Facility
- Private Not-for-Profit 501(c)3 Organization
- Located in Palm Beach

OCCUPATIONAL THERAPY

- Therapeutic equipment
- Electrical stimulation
- Fluidotherapy
- Pilates
- TENS
- Ultrasound
- BTE Workstation

SPEECH-LANGUAGE PATHOLOGY

- Individual Services with Licensed Therapists
- Comprehensive Outpatient Medical Facility
- Private Not-for-Profit 501(c)3 Organization
- Located in Palm Beach

DIAGNOSES TREATED

- Arthritis
- Athletic Injury
- Back & Neck Pain
- Balance & Vestibular Problems
- Cardiac Rehabilitation
- Carpal Tunnel Syndrome
- Cerebral Palsy
- CVA, Stroke
- Developmental Delay
- Hand Injury
- Knee & Hip Replacement
- Mastectomy
- Musculoskeletal Problems
- MS, Parkinsons
- Neurological Disorders
- Orthopedic Injuries
- Rotator Cuff Tears
- Speech & Language Delay
- Spinal Cord Injury
- Tendonitis
- Traumatic Brain Injury
- Work Related Injury

AQUATIC PROGRAM

PRESCHOOL

THERAPY GOALS

- Activities of Daily Living
- Ambulation
- Balance
- Communication
- Coordination
- Muscle Function
- Range of Motion
- Self Care
- Strength

300 Royal Palm Way • Palm Beach, Florida 33480 • (561) 655-7266
info@rcca.org  www.rcca.org  Fax 655-3269
The Rehabilitation Center for Children and Adults will soon celebrate 75 years of service, and that typically means a diamond anniversary. But it’s also an opportunity to look back at the uncertain times when the Society was born - in the days that it was more of a diamond in the rough.

And here, perhaps, is the most important part of the RCCA story: Organizers were never content to sit still and maintain the status quo, and within a decade, the Society was well on its way to becoming the gem that it is today.

It will be exactly three-quarters of a century next February that a group of people came together from Palm Beach, West Palm Beach and elsewhere to form the Palm Beach County Crippled Children’s Society. Margaret Pope Hovey, who had polio as an adult and was looking for a way to continue treatment while wintering in Palm Beach, was instrumental in setting up the administrative machinery that launched the Society.

It was originally an organization without a home, and treatment was delivered on a loaned library table at the State Board of Health building in West Palm Beach.

The Society did finally get a place to set up shop - in a rented building on Datura Street. The first piece of equipment, a diathermy machine used for muscle relaxation and stimulation, was purchased for $300. Two years later, in 1942, the Society moved into an old garage at 300 Royal Palm Way that had been rented from Wiley R. Reynolds Sr., president of the First National Bank in Palm Beach.

That opened up a brand new chapter for the organization as Mr. Reynolds’ wife stepped in and began her decades-long involvement with the Society. She was elected president in 1944, a position she held until 1957.

The future would feature not only explosive growth of the facility but also rapid expansion of services. Top experts from around the country were brought in to help incorporate new treatment methods for area adults and children struggling with diseases like polio, cerebral palsy and orthopedic injuries.

"She was very well educated, which was unusual for a woman of her generation," recalls Janet Reynolds, Mrs. Wiley R. Reynolds' daughter-in-law. "That was part of her charm, and her capabilities. She was very dedicated to the Rehabilitation Center. I absolutely adored her because she was so wonderful to me."

The property at the corner of Royal Palm Way and Hibiscus Avenue in Palm Beach was donated by the Reynolds family in 1946. Mrs. Reynolds, and other members of the family, took a hands-on approach to working with the Society.

"Mrs. Reynolds became vitally interested in everything the Society was doing," RCCA historian Kae Sanderson said in an account of the Society's birth she gave in 2000. "She so dearly loved the children that she attended every event and found excuses to visit even more often."

In 1947, an Army barracks building was moved to the Royal Palm Way site from a camp at the Palm Beach Inlet, "I can remember Wiley’s mother being very excited about getting a building for that site," says Janet Reynolds. "That was the sort of person she was - she was a doer."

And a doer who was not content to sit still. In 1949, a building designed by Gustav Maass became the centerpiece of the facility. Before the building plans were drawn up, Mrs. Reynolds and Audrey Lester traveled to clinics in New York, Baltimore and Coral Gables to assess the latest equipment.

The building, which cost $92,436.53, was followed by a second floor addition in 1955.

Through it all, Mrs. Reynolds kept planning - but always with an eye toward running a tight fiscal ship. "Now, we don't really need that, do we?" Kae Sanderson recalls Mrs. Reynolds asking. "We won't do it until we need it, will we?"

Along with Audrey Lester, a nurse who became the first executive director of the Society, Mrs. Reynolds "brought in some of the top people to Palm Beach to talk about rehabilitation," Janet Reynolds says.

It all set the stage for six decades of progress at what became the Rehabilitation Center for Children and Adults. In March 1948, when the new building was still in the planning stages and donations were being sought, a West Palm Beach mother wrote a letter to the editor of a local newspaper about her son, who had recovered from a debilitating condition and now wanted a pair of cowboy boots.

"He's a happy little 5-year-old boy," his mother wrote, "who had gazed longingly at a beautiful jewel-studded pair with longing in his eyes. Thanks to the people of Palm Beach County, I can say yes in the near future."
Rehabilitation Center for Children and Adults

**What are FAQs?** Frequently Asked Questions are those most asked by patients and donors. We invite inquiries in person, by phone, fax or e-mail.

**What is RCCA?** Rehabilitation Center for Children and Adults acronym RCCA is being used as a short cut for our long name. You may even see it on our parking bumpers. We are and always have been an outpatient medical rehabilitation facility providing therapy to people of all ages with physical challenges.

**What is CCS?** The founding name included "crippled" as the original patients had polio. Over 30 years ago, the name was changed to be politically correct. The Crippled Children’s Society name is also kept legally as there are those of us who have remembered the Center in their will with the original name.

**Why in Palm Beach?** As in the beginning, the majority of patients and donors are residents of Palm Beach. The founding mission of equal care to those who can and cannot afford services continues today. All patients, from any part of the county, deserve and receive the same care regardless of ability to pay.

**How are the assets used?** The financial assets are primarily unrestricted bequests from the past seven decades. The income from these assets has been used for capital improvements and continues to support unreimbursed care to patients. Efficient and careful use of precious resources is embedded in our culture.

**Who decides the fees?** The charges are based on the Medicare fee scale. Agreeing to accept Medicare means that we cannot charge the difference of our costs to the patient nor can we charge non-Medicare patients less than those established fees. These fees cover less than half our costs.

**Why not accept other insurances?** Insurance companies have similar fees to Medicare. The amount of time to satisfy company requirements is not how donors want their contributions spent. Patients may go within their network to other providers, or if they have met their out-of-network deductible, we can bill their insurance in hopes the patient is directly reimbursed. In the meantime, the Center is not left at risk of not getting paid for services provided.

**What impact is expected from the Affordable Healthcare Act?** Patients who sign up for a new insurance plan will be served by their network providers. Just as it is now, if the insurance coverage is exhausted, the RCCA is available to provide whatever continued services are needed regardless of the patients’ financial ability.

**Is the RCCA affiliated with hospitals or universities?** Over 400 physicians and professors from across the nation refer patients to the RCCA each year. We want to continue these open referrals.

**Why do donors give?** Most donors have had a personal experience with the Center, which helps them appreciate how therapy makes an important difference in the lives of the patients and their families.

**What amount makes an impact?** A $100 donation provides therapy to help a child or adult move independently or communicate with their family. Now that’s an impact!
Rehabilitation Center for Children and Adults

Physical Therapy

Ellen O’Bannon
23 Years

Paul Hughes
12 Years

Miriam Diaz
19 Years

Sue Holmes
17 Years

Rich Sylvester
14 Years

Kathryn Shealy
8 Years

Perrie Susman
3 Years

Speech-Language Pathology and Preschool

Leslie Kelly
25 Years

Kelly Skillestad
10 Years

Arjean Hitchcock
17 Years

John Stone
12 Years

Occupational Therapy

Donna Holmstock
31 Years

Kelli Jacobs
21 Years

Camy Dreifuss
19 Years

Administrative Staff

Marybeth Hight
19 Years

Themis Quiros
20 Years

Photos by Lucien Capehart Photography & JM Productions
It's not coincidental that many people on staff at the Rehabilitation Center for Children and Adults have been with the center a long time - in some cases their entire professional career. It's a good place to work - and that benefits the patients, too.

The consistency gives children in the preschool a boost as well, since teachers and therapists are always on the same page.

Donna Holmstock, director of occupational therapy, for example, has been with the organization for 30 years and took the job out of school. Over the years, it's helped people like her define their own specialties within their profession, another advantage to patients.

And as the staff gets ready to celebrate the RCCA's 75th anniversary, it's a perfect opportunity to reflect on the center's past and how it's changed over the years.

"I think in general you'll find that there's longevity here with the staff, and that's helpful in having the time to pursue areas of interest while working with a variety of patient diagnoses."

While Holmstock's focus is pediatric neuro-developmental therapy, another OT is a certified hand therapist and having specialty certifications facilitates networking with similar therapists around the country which attracts patients to the RCCA that might not otherwise access services in Palm Beach, and it acts to further hone a therapist's skills.

"As medicine evolves so do we, because we're seeing more complicated procedures now that weren't done before," she says.

The patient flow has also changed. Congenital issues are still being treated, but as the population ages — among a generation that has stayed active throughout their lives — more people are coming in with sports-related injuries. Twenty years ago, you didn't see people in their 40s, 50s and 60s rollerblading, for example, but now that's commonplace. A spill taken while running, hiking or playing tennis can lead to a bone fracture or painful sprain.

Older patients can have balance issues, even if they're in good shape.

Ellen O'Bannon, director of physical therapy, sees the same trend. "Almost everyone who comes in here has participated in a sport even prior to their injury or illness," she says. "Their goal is to get back to whatever that is, even if it's modified."

"We see people who haven't golfed all winter and they go out and play 18 holes and think they're not going to have a problem."

There's also a lot more joint replacement procedures going on these days and that requires helping patients to learn how to use the new knee, hip or shoulder. The push is for functional goal-setting, O'Bannon explains - something as simple as helping a patient re-learn how to get out of a car, for example.

Physical therapy, she says, "includes practical activities."

Not surprisingly, all of these trends help bring perspective to the RCCA's 75th anniversary in 2015. It's a milestone that staff appreciates.

"It's unusual for a facility to still be providing the same services, still going after 75 years," O'Bannon says. "Not many places can say that."

Holmstock adds: "This is a facility that has endured through the tough times - the healthcare changes, the reimbursement changes with Medicare - and it still hasn't changed a lot about what we do. Our mission hasn't really changed. We're here to provide services regardless of ability to pay and we're here to offer quality care. We haven't had to sacrifice that. It's wonderful for us."

Betty McMurchy served as Executive Director from 1973 through 1990. During her tenure she hired current Administrative Assistant Sheree Davis, Executive Director Pam Henderson, and the three Department Directors interviewed by John Nelandor, who writes for the Palm Beach Daily News.

Steady Hands at the Preschool

Preschool Director Leslie Kelly graduated from Florida State University with a master's degree in speech therapy in 1989 and started her job at the RCCA a week later. "I always wanted to work with kids and I thought this would be a great environment," she says. "And I haven't left since."

The preschool, which has about 20 students, has evolved over the years. "There's much more accountability than there was when I first started," says Kelly.

"The kids thrive on routine and structure, so they like the challenge, the varied experiences and the parents feel they're prepared for the next step when they leave here."

RCCA has a contract with the School District of Palm Beach County to provide specialty services. The district helps with hardware such as communication devices, and RCCA staff provides services - whether that's speech therapy, physical therapy or occupational therapy - as needed. "Our teachers and therapists provide more of the hand-over-hand help."

In the early years of the center, the focus was on play, and services were clinically based. Staff worked with children on range-of-motion issues, for example, whereas now the emphasis may be on practical activities like how to hold a pencil. Or, getting the children to move smoothly from one table and activity to another.

"When I started in 1989 the classroom was very different," Kelly recalls. "Two sets of classes came to school every day. I'd have one from 9 a.m. to noon, all physically impaired, and then from 1:30 to 3:30 we'd have a speech and language class.

"It wasn't a very structured curriculum back then. Now there are assessments the preschoolers go through to show that we're meeting the needs as well as exposing the students to where they need to be developmentally."

Many of the changes have taken place at preschools and rehabilitation facilities as a result of the Americans with Disabilities Act in the 1980s. It all started with a law passed by Congress in 1975 requiring educational assistance to handicapped children.

Kelly started the job when the facility was in the midst of celebrating its 50th anniversary. The 75th anniversary provides another opportunity to look back.

"I've always had such a deep devotion to the center and to the mission it's had, which is to help people with disabilities regardless of their ability to pay," she says. "And that's still a central part of it. I love that we're still here after all these years."
CHOICE MATTERS

As a consumer, if you need therapy, you can choose where you go and whom you see. You may ask your friend, your neighbor, or your physician. Ultimately, you are the one who chooses.

You can initiate therapy at the RCCA by calling 655-7266, or by asking your doctor to fax a prescription to 655-3269.

For more information go to www.rcca.org or come in anytime for a tour.

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Rehabilitation Center for Children and Adults
300 Royal Palm Way, Palm Beach FL 33480
(561) 655-7266 Fax 655-3269 info@rcca.org

Patient’s Name: ______________________________
Daytime Phone: ______________________________
Diagnosis: _________________________________
Onset: ____________________________________

____Physical Therapy
____Occupational Therapy
____Speech-Language Therapy

_____________________________________________________

Physician’s Signature & Date

You can now choose to receive this newsletter via email; please call 655-7266 or email info@rcca.org